



15 & 16 year olds

Pitch Accuracy Test

Pitch HEIGHT Test	Pitch #1	Pitch #2	Pitch#3	Pitch#4	Pitch#5	Pitch #6	Score
Drop Low in zone Called strike							
Drop Below zone Ball							
Rise Above zone Ball							
Change up Low in zone or below zone							

Pitch W I D T H Test	Pitch #1	Pitch #2	Pitch#3	Pitch#4	Pitch#5	Pitch #6	Score
Drop Low outside Called strike							
Drop Low inside Called strike							
Drop Low outside Ball							
Drop Low inside Ball							
Rise High inside Ball							
Rise High outside Ball							

NB: 4 pitches out of 6 pitches to correct location is good. Most important thing is that the pitches which miss the location are NOT in the danger zone over the middle of the plate.